J.B. FITNESS

A COMMUNITY THAT MOVES TOGETHER



HOLIDAY HEADSTART

45 DAYS | OCT 12 - NOV 25, 2026

MAKE YOUR HEAD START COUNT

Movement, nutrition and a team cheering you on.

- **Unlimited fitness classes**
- **Saturday Strength class**
- **Kangen water access**
- **Group chat + passport**
- **Weekly movement + nutrition goals**
- **InBody readings + final awards**

MEMBERS

$99

NONMEMBERS

$179

INCLUDES 45-DAY GYM ACCESS

OCT 12: STARTING INBODY READING

BY NOV 25: FINAL INBODY READING

WANT MORE SUPPORT?

Add personal training or nutrition coaching.

Ask at the front desk about upgrade options.

SIGN UP AT THE FRONT DESK

OR ONLINE AT WWW.JBFITNESS.NET